



Final Results

Date Updated:

09/12/2020

21km Results

Pos.	Name	Distance	Time	Gender	Age Category	Running Club
1	Dale Nortje	21km	01:37:08	Male	Open	ATC
2	Kyle Nortje	21km	01:37:08	Male	Open	Sartori
3	Ross Macgregor	21km	01:37:58	Male	50 - 59 (50)	Sartori
4	Elme Middlemost	21km	01:38:31	Female	40 - 49 (40)	Brackenfell Running Club
5	Chris Swanepoel	21km	01:42:45	Male	Open	
6	Lynn Davis	21km	01:43:05	Female	50 - 59 (50)	Atlantic Athletic Club
7	Tjedu Tapela	21km	01:43:45	Male	Open	Gigema Running Club
8	John Bos	21km	01:44:40	Male	60 - 69 (60)	
9	Eugene Marais	21km	01:48:32	Male	40 - 49 (40)	Cape Multisport
10	Thinus Helberg	21km	01:49:08	Male	Open	Stellenbosch AC
11	Johan Burger	21km	01:50:39	Male	50 - 59 (50)	Celtic Harriers
12	Patrick Barry	21km	01:52:17	Male	Junior (J) (16+)	
13	Andre Wagenaar	21km	01:53:05	Male	Open	Magnolia Road Runners
14	Hannah Nienaber	21km	01:53:13	Female	Open	West Coast Athletics Club
15	Ernst Burger	21km	01:53:17	Male	40 - 49 (40)	K-Way VOB
16	Michelle De Souza Macgregor	21km	01:53:27	Female	40 - 49 (40)	Sartori
17	Anthony Coert	21km	01:53:53	Male	40 - 49 (40)	
18	Eathan De Lance-holmes	21km	01:54:52	Male	Open	
19	Carol-anne Smuts	21km	01:56:10	Female	40 - 49 (40)	Fish Hoek
20	Kim Botti	21km	01:56:55	Female	40 - 49 (40)	Atlantic Athletic Club
21	Barbara Du Preez	21km	02:00:00	Female	50 - 59 (50)	FIT2000WP
22	Craig Strachan	21km	02:01:00	Male	40 - 49 (40)	K-Way VOB
23	Tayla Mouton	21km	02:01:12	Female	Open	
24	Jurie Roux	21km	02:02:47	Male	50 - 59 (50)	
25	Kelly Sichel	21km	02:03:07	Female	Open	Atlantic Athletic Club

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26	Nadine Bos	21km	02:03:41	Female	50 - 59 (50)	
27	Clement Whittle	21km	02:03:52	Male	40 - 49 (40)	Atlantic Athletic Club
28	Tina Harkett	21km	02:03:55	Female	60 - 69 (60)	Atlantic Athletic Club
29	Gerhard Wagenaar	21km	02:04:30	Male	50 - 59 (50)	Magnolia Road Runners
30	Louise Bos	21km	02:04:49	Female	Open	
31	Anneline Watkins	21km	02:05:00	Female	40 - 49 (40)	Durbanville AC
32	Sandra Case	21km	02:07:53	Female	Open	Pirates Road Running
33	Conita Henry	21km	02:09:09	Female	50 - 59 (50)	Stellenbosch AC
34	Lara Kaplan	21km	02:09:55	Female	50 - 59 (50)	Atlantic Athletic Club
35	Debbie Konick	21km	02:12:08	Female	50 - 59 (50)	Sartori
36	David Case	21km	02:12:43	Male	40 - 49 (40)	Pirates Road Running
37	Simira Lamberty	21km	02:12:49	Female	Junior (J) (16+)	K-Way VOB
38	Jess Meniere	21km	02:12:51	Female	Junior (J) (16+)	
39	Stephen Le Grange	21km	02:12:57	Male	40 - 49 (40)	Edgemead Runners
40	Deborah Siddle	21km	02:13:23	Female	Open	Atlantic Athletic Club
41	Lindsay Evard	21km	02:13:52	Female	50 - 59 (50)	Atlantic Athletic Club
42	Krissie Clark	21km	02:14:25	Female	40 - 49 (40)	
43	Vincent Lefebvre	21km	02:15:10	Male	50 - 59 (50)	
44	Lee Reynecke	21km	02:15:26	Male	Open	West Coast Athletics Club
45	Gene' Peters	21km	02:16:00	Female	Open	
46	Justin Gilham	21km	02:17:30	Male	50 - 59 (50)	Old Eds
47	Harry Ballard	21km	02:18:55	Male	60 - 69 (60)	WPCC
48	Micky Elliott	21km	02:23:05	Female	60 - 69 (60)	West Coast Athletics Club
49	Nichole Harding	21km	02:26:10	Female	40 - 49 (40)	
50	Illana Herbst	21km	02:27:53	Female	Open	Brackenfell Running Club

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51	Goolam Jaffer	21km	02:28:20	Male	60 - 69 (60)	Top Form AC
52	Zena Jacobs	21km	02:30:00	Female	40 - 49 (40)	Spartan Harriers
53	Olaf Erlank	21km	02:36:14	Male	60 - 69 (60)	K-Way VOB
54	Liesel Schulenburg	21km	02:38:00	Female	40 - 49 (40)	K-Way VOB
55	Sharron Brouckaert	21km	02:39:00	Female	50 - 59 (50)	Spartan Harriers
56	Ferdi Rhoda	21km	02:39:49	Male	40 - 49 (40)	Ommiedraai Friends AC
57	Crystle-lynn Moore	21km	02:40:13	Female	Open	Kuilsriver Running Club
58	Mandlenkosi Moyo	21km	02:41:56	Male	40 - 49 (40)	Pinelands Athletic
59	Sabrina Fielies	21km	02:43:15	Female	50 - 59 (50)	Pinelands Athletic
60	Wisahl Ganief	21km	02:44:25	Female	40 - 49 (40)	FAKU Chiefs
61	Soleh Davids	21km	02:46:31	Male	Open	Walmers Athletic Club
62	Noeline Kruger	21km	02:46:41	Female	40 - 49 (40)	Fish Hoek
63	Mike Galli	21km	02:47:38	Male	60 - 69 (60)	West Coast Athletics Club
64	Colleen Cross	21km	02:51:16	Female	40 - 49 (40)	West Coast Athletics Club
65	Genevieve Mannel	21km	02:52:46	Female	40 - 49 (40)	K-Way VOB
66	Kim Lamb	21km	03:51.16	Female	50 - 59 (50)	RWFL
67	Rholda Hassa	21km	03:01:26	Female	50 - 59 (50)	Itheko

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